



Nature Days

Autumn Activities Bucket List

NATURE EXPLORE	NATURE CREATE	NATURE PLAY	NATURE GARDEN	NATURE HELPERS
Go out and look for signs of Autumn	Make a hedgehog house or pile	Go on a worm & slug hunt after rain	Plant Spring bulbs, like daffodils or tulips, in pots	Have a litter pick on your road
Explore on a mushroom hunt	Make a simple apple bird feeder	Have a rainy day picnic under a tree	Harvest fallen leaves to compost	Try a beach clean
Hike Day - pick a new route everyone can manage	Make a leaf snow globe	Have a puddle boat race with twiggie boats	Plant window boxes with edible plants	Make a “messy” area in your garden as wildlife shelter
Forage for wild berries. Use PlantNet.	Make a leaf lantern	Play conkers	Tidy away loose items outdoors for winter	Sow winter flowering plants for insects
Visit an Open Garden in your area	Make leaf ghosts for Halloween	Make giant bubbles	Set up a rain water harvest bucket outside	Have a No Binned Food Day
Go on a family Scavenger Hunt	Make a Nature collage with leaves	Get climbing trees	Create a messy play area in the garden	Try 3 new meat free recipies
Find an unexplored trail or local walk	Built a den outside	Host an after dark lantern walk	Clean out birdhouses and bird feeders	Use public transport when you can
Jump in leaves	Carve a pumpkin	Play rounders on the green	Try a garden bug hunt	Plant a Tree or support a Nature charity
Go on a leaf hunt	Make pine cone Halloween decorations	Play skipping with kids in your area	Store away summer plant pots, baskets and trays for reuse	Upcycle something in your wardrobe
Collect conkers	Make a conker snake	Play hide & seek after dark with flashlights	Make a bird feeding area in your garden	Have a clear out and FREEcycle unwanted toys, clothes etc
Check out Naturedays Activity Finder for more fun ideas			www.naturedays.ie	

Print this list & set a goal for family outdoor time!