



Nature Days

Travel Buster Checklist

- Ask your parents to help you walk, scoot or cycle to nearby places rather than taking the car every time.
- Ask your parents to help you talk to your school or neighbours about setting up a walking bus to school in your area.
- Ask your parents to use Public Transport with you, like the bus or train, for longer journeys where it is possible.
- Talk to your parents about the fuel they use in their cars and how they might be able to reduce that a little. Help other adults to understand why the fuel in their cars makes such a difference for the environment.